

Moel Famau

7.4km/392m

MON 29 AUG 2016

Race No.	First Name	Surname	Time	Gender M/F	16-18	<40	40-49
113	Jez	Brown	0:34:37	M	0	0	1
20	Andrew	Bell	0:34:46	M		1	
141	Karl	Steinegger	0:35:03	M	0	1	0
79	Lawrence	Eccles	0:36:03	M		1	
137	John	Hunt	0:36:07	M			
126	Mike	Roberts	0:36:14	M		1	
125	Neil	Finegan	0:36:19	M			1
63	Simon	Edwards	0:36:24	M	0	0	1
26	Ben	Fletcher	0:37:38	M	0	0	1
109	Steven John	Thomas	0:37:51	M			1
17	Ethan	Greenland	0:38:02	M	1		
34	Nathan	Williams	0:38:03	M	1		
30	Kearney	Ievan	0:38:40	M	1		
72	Stephen	Jones	0:39:02	M	0	0	0
9	Davies	Edward	0:39:31	M			
35	Gareth	Williams	0:39:39	M			1
73	Steve	Toogood	0:39:42	M			
49	Andrew	McKenzie	0:39:55	M		1	
24	Gary	Macalister	0:40:00	M	0	1	0
116	Gary	English	0:40:17	M			
151	Neil	Gerritx	0:40:18	M		1	
75	Chris	Millington	0:40:23	M			1
99	Karl	Williams	0:40:24	M			1
133	Lawrence	Henry	0:40:26	M	1		
59	Justin Romero	Edwards	0:40:27	M	1	0	0
32	Alistair	Holl	0:40:32	M			1
62	Andy	Jones	0:40:58	M			1
19	Nick	Penn	0:40:59	M		1	
138	Rhian	Pierce	0:41:04	F		1	
77	Ralph	Pawling	0:41:10	M		1	
95	Andy	Pritchard	0:41:27	M	0	0	1
53	David	Ford	0:41:32	M	0	0	1
13	Glen	Price	0:41:39	M			1
5	Steve	Brady	0:41:42	M	0	0	1
40	Timothy	Woodhead	0:41:46	M	0	0	1
152	Lee	Thornton	0:41:48	M		1	
51	Lisa	Grantham	0:42:01	F			1
57	Alan	Duncan	0:42:06	M	0	0	0
155	Ruth	Keeley	0:42:10	F		1	
118	John	Halsen	0:42:20	M			
107	Richard	Bornie	0:42:28	M			1
65	Neil	Adair	0:42:35	M		1	
43	Matty	Blackwell	0:42:46	M	0	1	0

94	Hayley	Evans	0:42:48	F	0	1	0
140	Aaron	Williams	0:43:02	M	0	0	1
114	Steve	Smith	0:43:04	M			1
146	Mike	Lyness	0:43:10	M		1	
71	Chris	Shaw	0:43:12	M			1
42	Dan	Hurst	0:43:16	M	0	0	1
134	John	Richards	0:43:18	M			1
92	Steve	Emery	0:43:28	M			
54	Stephen	McNicholas	0:43:31	M			
80	Simone	Capone	0:43:47	M			1
93	Stephen	Bellis	0:43:53	M	0	0	0
149	Richard	Monksmith	0:44:07	M		1	
37	Anne	Rosbottom	0:44:08	F	0	0	1
69	David	Green	0:44:17	M	0	1	0
41	Liz	Whitfield	0:44:37	F		1	
76	Jeff	Adams	0:44:43	M			
25	Ronan	Kearney	0:44:50	M			1
87	Lee	Lumb	0:44:51	M			1
106	Mathew	Davies	0:44:58	M		1	
105	David	Madders	0:45:12	M			1
132	Paul	Samuels	0:45:16	M		1	
31	Luke	Appleyard	0:45:30	M		1	
21	David	Owens	0:45:44	M		1	
119	Carolyn	Stamper-Clark	0:45:49	F			1
38	Phil	Gillard	0:45:50	M	0	0	0
45	M	Whitfield	0:45:59	M			
150	Iain	Wood	0:46:04	M			
66	Richard	Hankins	0:46:06	M			1
148	Oliver	Lloyd	0:46:10	M		1	
48	Helen	Ashworth	0:46:13	F		1	
157	Lee	Warburton	0:46:24	M			1
14	Matthys	Thomas	0:46:26	M		1	
124	Andrew	Dawson	0:46:27	M		1	
81	Andrew	Sumner	0:46:38	M			1
11	David	Owen	0:46:50	M			
15	Gareth	Denham	0:46:54	M	0	1	0
23	Ian	Hogg	0:46:54	M			1
33	Debbie	Holl	0:46:58	F			1
22	Ellie	Robinson	0:46:59	F			1
115	Jessica	Smith	0:47:28	F		1	
89	Steve	Jones 2	0:47:29	M		1	
156	Robert	Armstrong	0:47:30	M		1	
91	Daniel Peter	Simmons	0:47:32	M		1	
90	Georgina	Roberts	0:47:34	F		1	
50	James	Skates	0:47:35	M		1	
96	Debbie	Rutherford	0:47:36	M			
85	Tony	Benton	0:47:38	M			
117	John	Jennings	0:47:46	M	0	0	0
102	Charles	Ashworth	0:47:47	M			
83	Dewi	Salisbury	0:47:57	M		1	

56	Ian	Hobson	0:48:08	M	0	1	0
46	Gill	Nicol	0:48:10	F		1	
111	Julian	Tegg	0:48:18	M			1
70	Peter	Foale	0:48:21	M			
7	Karon	Forster	0:48:36	F			
97	Tom	Rutherford	0:48:43	M	0	0	0
130	Tony	Man	0:49:13	M	0	0	1
131	Liz	Wilkinson	0:49:24	F			1
121	Michael	Connor	0:49:26	M			
145	William	Morrison	0:49:38	M		1	
82	Christina	Puccini	0:49:38	F			1
3	Jane Ellen	Lowe	0:50:00	F			1
78	Ciaran	Lynch	0:50:19	M			1
2	Nick	Davis	0:50:21	M			1
68	Ben	Williams	0:50:29	M		1	
98	Zoe	Pearse	0:50:34	F		1	
143	Rachel	Arnold	0:50:41	F			
47	Lucie	Skates	0:50:49	F		1	
136	David Watkin	Jones	0:50:55	M	0	0	0
58	Ifan Wyn	Lewis	0:51:03	M	0	0	1
135	Gareth	Jones	0:51:04	M		1	
12	Paul	Wildermuth	0:51:06	M	0	0	0
86	Frederick	Smith	0:51:20	M		1	
61	Geoff	Collins	0:51:25	M			
144	Matthew	Hammond	0:51:51	M		1	
64	Jodelle Romero	Edwards	0:51:52	F			1
4	Angela	Moore	0:51:55	F			1
128	Richard	Macilwaine	0:52:04	M			
39	Ali	Dore	0:52:10	F			
123	Roger	Squire	0:52:11	M		1	
103	Mark	Dakeyne	0:52:38	M	0	0	0
127	Neville	Griffiths	0:52:54	M			
112	Angela	Tegg	0:52:59	F			1
44	Vicky	Hughes	0:53:37	F		1	
104	Graham	McVey	0:53:53	M			1
139	Rory	Williams	0:53:53	M			1
110	Steve Clan	Jones	0:54:01	M	0	0	0
8	Evans	Patrick	0:54:03	M		1	
147	Nick	Ramsbottom	0:54:14	M		1	
27	Sarah	Kearney	0:54:42	F			1
100	Alexandra	Fletcher	0:54:46	F	0	1	0
88	Sarah	Jackson	0:55:29	F		1	
84	Pauly-D	Jones	0:55:53	M			
129	Dave	Thompson	0:56:10	M			
29	Daniel	Durrans	0:56:48	M		1	
108	Alex	Royden	0:56:54	F		1	
36	Lara	Williams	0:57:04	F		1	
142	Geoff	Brier	0:58:35	M	0	0	0
101	Sue	Buck	0:58:51	M			1
10	Constable	Cathy	0:59:09	F			1

120	Francis	Martin	0:59:24	M			
74	Simon	Twinley	0:59:52	M		1	
67	Aga	Bycina	1:00:19	F		1	
28	Brendan	Bolton	1:00:29	M			1
16	Jane	Lightfoot	1:00:59	F		1	
122	Sarah	Flynn	1:02:15	F		1	
55	Robert	Mackey	1:03:01	M	0	0	0
154	Debbie	Hughes	1:03:45	F			
153	Jonathan	Hughes	1:03:50	M	0	0	0
60	Richard	Vanstone	1:04:42	M	0	0	0
52	Sian	Merrian	1:04:51	F			1
1	Jim	Davis	1:11:20	M			
18	Peter	Norman	1:52:00	M			
6	Kenny	Forster	DNS	M			

50-59	60-69	>70	Local?	Club
0	0	0	0	Buckley Runners
				N
0	0	0	0	Ambleside AC
				Penny Lane Striders
1				Dark Peak Fell Runners
				Deestridders
				Helsby
0	0	0	0	Buckley Runners
0	0	0	0	Helsby
				N
				West Cheshire
				Vale Royal AC
				Wirral AC
0	1	0	0	Eryri
	1			Mercia
				Vale Royal AC
1				Buckley Runners
				N
0	0	0	0	Avon Valley Runners
1				Liverpool
				Newcastle (Staffs) AC
				Spectrum Striders
				Buckley Runners
				Deeside
0	0	0	0	Buckley Runners
				N
				GOG Tri
			1	N
				Denbigh
				Pensby
0	0	0	0	Buckley Runners
0	0	0	0	Wrexham
				Denbigh
0	0	0	1	N
0	0	0	0	N
				Conicross Clwyd
				Pensby
0	1	0	0	Bowland Fr
				Belper Harriers
1				Liverpool Pembroke & Sefton Harriers
				Mysteruns
				Spectrum Striders
0	0	0	1	Deeside

0	0	0	1	Buckley Runners
0	0	0	0	East London Runners
				Wallasey AC
				N
				Buckley Runners
0	0	0	0	CRR
				N
1				N
1				Penny Lane Striders
				Penny Lane Striders
0	1	0	0	Buckley Runners
				N
0	0	0	0	Wirral AC
0	0	0	0	Pensby
				Spectrum Striders
	1			Pensby
				Wirral AC
				Tatten Hall
				N
				N
				Wrexham
				N
				Liverpool RC
				Delemere Spartans
1	0	0	0	Helsby
	1			Ellesmere Port
1				Chester Tri
				Helsby
				Neston South Wirral Tri
				N
				Penny Lane Striders
				N
				Spectrum Striders
				Pensby
1			1	N
0	0	0	0	Gwernymynydd
				N
				N
				West Cheshire
				Wallasey AC
				N
				Abergele Harriers
				N
				N
			1	N
1				Pensby
1				Denbigh
1	0	0	0	Ellesmere Port
1				Wrexham
				N

0	0	0	1	N
				N
				West Cheshire
	1			N
1				Spectrum Striders
1	0	0	0	Pensby
0	0	0	0	Penny Lane Striders
				N
1				Knowsley Harriers
				Neston South Wirral Tri
				Penny Lane Striders
				Spectrum Striders
				Pensby
				N
				Helsby
				Wallasey AC
1				Helsby
			1	N
0	1	0	0	N
0	0	0	0	N
				N
0	1	0	1	N
				Colomendy Arms
	1			Helsby
				Neston South Wirral Tri
				N
				Spectrum Striders
1				Spectrum Striders
1				N
				Wrexham
1	0	0	0	Beserkers
		1		Spectrum Striders
				West Cheshire
				N
				N
				Denbigh
0	1	0	0	Eryri
			1	N
				Neston South Wirral Tri
				Wirral AC
0	0	0	0	Eryri
				Penny Lane Striders
1				deeside orienteering club
1				Spectrum Striders
				N
				Pensby
				Northwich RC
0	1	0	0	N
				Helsby
				N

1				Penny Lane Striders
				N
				N
				N
				Warrington Road Runners
				N
0	1	0	0	Buckley Runners
1				Berserkers
1	0	0	0	Berserkers
0	1	0	0	N
				N
	1			Herts Phoenix
		1		Wrexham
1				Spectrum Striders